May 2, 2018 Primordial Sound Meditation Online Teacher Training
Enrichment Program Session Dates & Live Q&A Calls

Session One: The Foundation for Your Success
• Session releases Wednesday, May 2
• Special Live Video Conference through RingCentral:
  May 3, 12:00 – 1:30 pm with Teresa Long
• Live Q&A Call through Teleseminar:
  May 10, 12:00 – 1:30 pm with Roger Gabriel

Session Two: Introduction to Meditation
• Session releases Tuesday, May 15
• Live Q&A Calls:
  May 24, 12:00 – 1:30 pm with Roger Gabriel
  May 31, 12:00 – 1:30 pm with Roger Gabriel

Session Three: Vedanta and Ayurveda
• Session releases Tuesday, June 5
• Live Q&A Calls:
  June 7, 12:00 – 1:30 pm with Roger Gabriel
  June 14, 12:00 – 1:30 pm with Manjula Nadarajah

Session Four: Mantra Techniques
• Session releases Tuesday, June 19
• Live Q&A Calls:
  June 28, 12:00 – 1:30 pm with Roger Gabriel
  Monday, July 2, 10:00 – 11:30 am with Dr. Sheila Patel

Session Five: Perfecting the Practice
• Session releases Tuesday, July 17
• Live Q&A Call:
  July 26, 12:00 – 1:30 pm with Manjula Nadarajah
  August 2, 12:00 – 1:30 pm with Teresa Long

Session Six: The Higher States of Consciousness
• Session releases Tuesday, August 7
• Live Q&A Calls:
  August 14, 12:00 – 1:30 pm with Kali Love
  August 16, 12:00 – 1:30 pm with Roger Gabriel
Session Seven: Vedic Philosophy and Conclusion of Enrichment Program

- Session releases Tuesday, August 21
- Live Q&A Calls:
  - August 23, 10:00 – 11:30 am with Vamadeva Shastri
  - August 30, 12:00 – 1:30 pm with Roger Gabriel

General Information

- Sessions are released on the dates listed at 12:01 am, Pacific Time.
- All times are listed in Pacific Time. It is recommended to check a time converter for each specific date and time. For example: https://www.timeanddate.com/worldclock/converter.html
- Live Q&A Calls are scheduled on Thursdays from 12:00 – 1:30 pm, Pacific Time unless otherwise noted. Please note, calls may be scheduled at other times and dates and information is subject to change with notification. Live Q&A Calls are hosted through Teleseminar, reminders and instructions on how to access the Live Calls will be emailed to participants.

- Live video conferences are hosted through RingCentral and instructions on how to access the live video conference will be emailed to participants.

- Please submit questions in the Community Forum in the Enrichment Program course prior to each scheduled Live Q&A Call and Video Conference.

- Live Q&A Calls and video conferences are recorded and will be posted in the Live Calls section after each scheduled date. Please allow 24-48 hours for recordings to be posted.